

Action Choices in Our Search for Healing

The Choice to Accept God’s Love—The Unconditional Love Choice:

God is love . . . and His love is a verb (1 John 4:16). Why is this so difficult for some? Until we understand that God’s gift of grace is the source of our worthiness and spiritual authority, it requires more faith to believe we are loved by God than to accept His work of atonement for our inherent guilt.

“I am not worthy of the unfailing love and faithfulness you have shown” (Genesis 32:10).

The Choice to Pursue Authentic “Hope”—The Faith-Driven Life Choice:

Our fear-driven selfishness will yield to the provisions of God’s grace, and we will yield to that new worthiness and authority. Our reason to hope will be from possessing faith, rather than embracing emotional speculation.

“God initiates the desire and power in you to do what pleases Him” (Philippians 2:13).

The Choice to Admit Needing Vision—The Pursuing Purpose Choice:

The civil war within our soul (our mind, our will and our emotions) becomes unmanageable when fear competes with our specific purpose—the purpose implanted by our Creator at conception.

“Blessed are those who know they are lacking spiritually” (Matthew 5:3).

The Choice to Be Honest—The Coming Clean Choice:

We choose to openly examine and confess our fears and faults to ourselves and to God. We will recognize sin as a manifestation of selfishness and/or satanically influenced emotions.

“No matter how deep the stain of sins, I will make you as white as snow” (Isaiah 1:18).

The Choice to Change—The Character Transformation Choice:

We will become sensitive to the wisdom and counsel of our Lord's Holy Spirit as it becomes the guiding source of direction—beyond just our intellect and resources.

“Let God transform you inwardly by the complete change of your mind” (Romans 12:2).

The Choice to Let Go of “Self”—The Commitment Choice:

Following Christ's spiritual disciplines will stimulate our motivation to become a more complete person—body, soul and spirit (1 Thessalonians 5:23).

“Come to Me all who are over-burdened; I will give you rest” (Matthew 11:28).

The Choice to Repair—The Relationship Restoration Choice:

We will choose to fully extend God's grace—the same grace we have received from Him—to those broken relationships that need to be repaired and restored. God has given His children the gifts of forgiveness and grace and mercy and peace. How can we do any less for those who are in our sphere of family and friends?

“Happy are the merciful...Happy are those who work for peace” (Matthew 5:7-9).

The Choice to Grow—The Pursuit of Continuing Momentum Choice:

Self-examination will become a constructive time—not a deprecating time. The quiet time you set aside to search out Biblical truth will be more from desire than forced discipline.

“Test yourselves to be sure you are solid in the faith; don't drift” (2 Corinthians 13:5).

The Choice to Share Experiences—Recycling to Reach the Hurting Choice:

Our self-oriented needs will yield to the needs of others. Givers have as many needs as takers, but givers know that through serving others—they find themselves.

“God comforts us in all our troubles so we can comfort others” (2 Corinthians 1:4).

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